

## NOVEMBER MEETING

### When Deployment Calls: *Deployment Health Needs of Female Veterans*

**Presenter:** Joseph Reis, *Director of the Health Services Center, Logistics Health Incorporated (LHI)*

**When:** Saturday, Nov. 14, 2015

**Where:** Viterbo University School of Nursing Room 195

**Breakfast Cost:** \$10

#### **Breakfast Menu:**

Hot breakfast, coffee and hot tea

*Please note: Anyone with dietary restrictions should notify the person taking reservations. The food service will do their best to accommodate.*

Members who do not wish to come to the brunch are welcome to attend the program portion at no charge.

**Registration** .....9:30 AM  
**Breakfast** .....10:00AM  
**Program** .....10:30AM

#### **RSVP DEADLINE:**

For cancellations or late reservations please call Silvana Richardson at 608-788-0595 by **NOON on MONDAY, November 9th.**

This program will examine the unique health needs of our female

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# The Current

*a publication of the La Crosse, WI AAUW Branch*

VOLUME 55, ISSUE 3

NOVEMBER 2015



## PRESIDENT'S PERSPECTIVE:

### Thankfulness

*by Carol Robertson, AAUW-La Crosse Branch President*

As November rolls around once again, we are mindful of how easy it can be to take the good in our lives for granted and focus on the “not-so-good”. Collectively, we all could list things that make us pause. But we could also list the things that make us thankful. And sometimes, they are the same events. Hopefully you will have an opportunity to experience thankfulness this season.

One of the things as a Branch we have to be thankful for is the collective efforts of our Branch members which have resulted in another successful AAUW Art Fair on the Green. The final numbers are in and we raised \$17,632.15. Annually we deposit 10% into the General Fund (\$1763) which results in \$15,869.15 being deposited in the LaCrosse Community Foundation for the scholarship and grants funds. In addition, there was \$2,490 in donations that were given directly

to the LaCrosse Community Fund – AAUW Scholarship Fund as a result of the art fair.

So final tally is \$18,359.15!

Thanks go to Lois Gilbert for deciphering all of the notes, deposits, and checks to complete the treasurer’s report. And thank you to all members for your contributions, whether in time

or money, to ensure our ongoing success. Save the date for next year’s art fair: July 30 & 31, 2016.

Another of the things

THANKFULNESS  
— IS THE —  
-BEGINNING-  
OF HAPPINESS

get more quotes at THE DAILY QUOTES.COM

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## NEXT BOARD MEETING

**Monday, Nov. 9th at 6:30 pm**

#### **Location:**

Viterbo University Nursing Building, Room 103 Meetings are open to any member who is interested in attending.

#### **Contact Carol at:**

399-1751 or [cfrobertson@charter.net](mailto:cfrobertson@charter.net) to place items on the agenda.

Get all the CURRENT news at our website: [www.aauwlacrosse.org](http://www.aauwlacrosse.org)

## Thankfulness... *(continued from page 1)*

we can be thankful for is the fact that we have been fortunate to have received education beyond high school. Helping others achieve their education is why we award our scholarships each spring. If you would like to be a part of selecting the recipients, please consider being a member of the Scholarship Committee. You can talk with Sharon De Cicco or Robert Richardson, Co-Chairs for the committee.

Enjoy this time of the year with thankfulness and remember the needs of those who are struggling with illness, poverty, or loss.

Thanks for all you do.

## Membership News

*by Marilyn Hempstead, VP Membership*

*Welcome* to Aubrey Stetter-Hesselberg, Give A Grad A Gift recipient by Sue Heuer. She is a busy young mother who has just moved into a new house. And *congratulations* are in order too: Aubrey had a baby girl on October 26th - her 3rd girl.

Add her info to your directory:

Aubrey Stetter-Hesselberg

8008 Judith St.

Holmen, WI 54626

608 385 2354

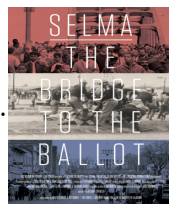
UW-L MS Community Health Ed  
stetter.hesselberg@gmail.com



*Condolences* to Bev Bodine whose mother Edna Meyer of Eitzen, Minnesota, passed away October 17th at age 95.

## Selma: The Bridge to the Ballot Screening

A showing of this documentary will be **Sunday, November 8th** at the First Congregational Church, 2503 Main St, La Crosse. The screening begins at **4:30pm** followed by discussion and refreshments. It is free and open to the public.



*Selma: The Bridge to the Ballot* is a powerful tool to educate people about the struggle for voting rights and the power of each person to bring about social change.

*This is co-sponsored by AAUW La Crosse, The La Crosse League of Women Voters and the First Congregational United Church of Christ.*

## NOVEMBER MEETING

*(continued from Page 1)*

veteran population.

Discussion will surround drug and alcohol use, military sexual trauma, and how military culture impacts female service members.



*Joe Reis*

*Joe is a psychiatric nurse practitioner and has been practicing in various psychiatric settings for the past 20 years. He directs the day to day operations of the Post Deployment Health Reassessment program (PDHRA) which fulfills a contract LHI has with the Department of Defense to screen Service Members when they return from combat operations. Mr. Reis also helps cover mental health care at Gundersen Health System on a part time basis.*



STUDY GROUP	MEETING DAY/TIME	CONTACT PERSON
Bookfellows	3rd Wednesday of month at 2:00pm	Liz Wing, 782-7963
Scholarship Bridge/Card Games	TBA	Sharon DeCicco, 788-5356
Contemporary Authors	3rd Tuesday of month at 2:00pm	Alice Ross, 788-4206
Hearth & Home	3rd Wednesday of month, evenings	Sharon DeCicco, 788-5356
AAUW in Action	Various times & locations; please see below for current one	Erica Koonmen, 366-1509

## Study Group News

### HEARTH & HOME

*Join us for our annual Savory Creations dinner event!*

When: Wednesday, Dec. 9th, 2015

Time: 6:30pm

Place: Savory Creations,  
1230 Calendonía St. La Crosse



Cost: \$30. Menu includes: smoked salmon croquettes with lemon dill creme, pan seared pork tenderloin with Door County cherry and caramelized shallot chutney, rosemary roasted red potatoes with cracked pepper oil, a veggie, beverage, hot apple cider and infused water.



Hosts: Sharon De Cicco & Phyllis Miletto

Please RSVP to Sharon at 608-788-5356 or [sharon.decicco@gmail.com](mailto:sharon.decicco@gmail.com)

*Hearth & Home study group meets periodically to explore new ideas, culinary experiences, fun activities and our area through visits to local businesses or in-home happenings. If you are interested in planning a program for the group or if you would like to head it up, please contact Sharon.*

### AAUW IN ACTION

**Next Meeting:** Tues, Nov. 17, **10:30am** - JavaVino  
2311 State Rd, La Crosse



AAUW in Action is a study group that serves as a springboard for community service activities for our branch that promote AAUW's mission.

This coming year, we'll be continuing several events:

- International Women's Day Panel  
(mark your calendars for Thurs., March 10, 2016)
- Women's History Month window display
- Working with YWCA's Transitional Housing
- Start Smart Salary Negotiation workshops

We also plan to offer WINGS (Women INterested in Going to School) in the spring.

Please join us at the next meeting.

We welcome new members and suggestions for events and programs.

## Global Initiatives Week: November 6-13, 2015

Global Celebration of dance, art, music, film, food and poetry, this week-long celebration of the Coulee Region's global connections kicks off on **Friday, November 6, 2015; 4:30pm-7:00pm at the Radisson Hotel, 200 2nd St. S.** You're invited to join in! Discover:

- Information about our region's global & cultural connections.
- Cultural celebrations through dance & music performances.
- Network with other globally-minded citizens.
- Free appetizers!

### Music:

5:30-5:45pm: La Crosse Area Chinese Association Singers

5:45- 6:00pm: Hmong Dance Group

6:00-6:30pm: Qeej Group

6:30-7:15pm: Special Performance – Rince na Chroi Irish Dancers – Sponsored by La Crosse Irishfest

*The Global Celebration is sponsored by the La Crosse Community Foundation, Global Awareness Fund.*



This is the third annual Global Initiatives Week in the Greater La Crosse Region. Information about this week and a full calendar of events can be viewed at: [www.explorelacrosse.com/global](http://www.explorelacrosse.com/global).

## Meet Our Fall Public Policy Intern & Branch Volunteer

This fall, we have 2 UWL students involved with our branch.

Our Public Policy Intern is **Hanna Riedel**. She is working with Betty Kruck and Lois Gilbert to help promote AAUW and our branch by raising awareness of our public policy issues.



“I’m a junior at UW-La Crosse, majoring in women’s studies and minoring in spanish. I’m planning to do some work with domestic violence counseling in my future.

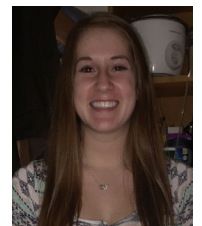
So far as a public policy intern for AAUW I’ve helped (with the assistance of Betty Kruck, Lois Gilbert, and Carol Robertson) put together an application for a program called “Elect Her” where a workshop could be held on campus to help particularly female students learn how to successfully run for student government. Unfortunately our campus was not chosen for this year’s workshop, but AAUW plans on applying again next year.

A few things I’ll be working on later this semester will be

a Virtual Graduate Fair, and setting up a table on campus to spread awareness about AAUW, what the organization does, and the fact that young women can get a free student membership.”

Also joining us this year is **Olivia Dorscheid**, a student in one of Dr. Mahruq Kahn’s classes this semester. Dr. Kahn requires each student to volunteer with an organization that impacts positively on women’s issues. Oliva chose to volunteer with our branch.

“My name is Olivia Dorscheid and I am a freshman at UW-La Crosse this year. I currently love it here in La Crosse, it is a great place! As for my major, right now I am undecided, but I am very intrigued by psychology. My main goal for the future is to help people, whether it is through volunteering or through my career, I look forward to helping people in need.”



Please introduce yourself to them when you see them at a branch meeting. We welcome them both!

# FROM THE TREASURER

*Kristin Foehner*

## Financial Report as of October 16, 2015

Checking Account .....\$10,196.99

CD's .....none at this time

Scholarship Bridge.....\$564.02

## AAUW & Office Depot/ Office Max

Office Depot/Office Max now offers a 20% off to AAUW members.

To obtain the discount, go to AAUW website, then to Membership, Benefits. Scroll down to Office Depot, Office Max and follow directions for printing page.

Bring whole page to Office Max and they will laminate card for you.

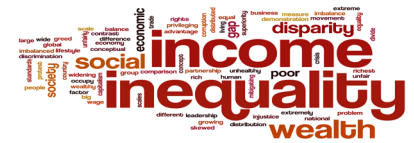


# Public Policy

*By Carlene Roberts, Public Policy Chair*

To commemorate 100 years since the passage of the 19th Amendment, giving women the right to vote, the US Treasury plans to put a woman on the \$10 bill in 2020. Rosie Rios, 43rd treasurer of the US, invited AAUW to a round table to discuss the redesign. The woman chosen is to be a face to represent democracy. Rios emphasized, "This is not about just one woman and there is no right or wrong answer." AAUW celebrates that this can raise awareness of gains women have made AND the goals still not met, such as equal pay for equal work and the passage of the Equal Rights Amendment.

A truth has been proven time and again in studies around the globe: Women's employment and family friendly policies are key not only to a nation's economic growth, but also are a powerful countervailing force to the contemporary scourge of income inequality. This has been slow to take root in the US. The Center for American Progress and the White House Council of Economic Advisors have shown that the rise in income inequality would be significantly greater if women's participation in the workforce had not increased over several decades. This impact would be even more significant if the US had work-family policies - paid leave, child care, flexible scheduling, etc. - that applied to those in middle and low income levels, and if women received equal pay for equal work.



When you communicate with elected officials on all levels please raise the issue that women's participation in the workforce, family friendly policies for all workers, and equal pay for equal work contribute to a healthier US economy and lower income inequality for US families.

## AAUW- WI Legislative Day

Thirty six AAUW members from around the state met on Thursday, October 15th to get some great information from around the state about public policy from speakers from the League of Women Voters, the Women's Health Alliance and the Department of Instruction. Then armed with some facts and figures, they met with the staffs of their legislators and discussed AAUW's viewpoint on some upcoming bills and issues.



More information will be included in the upcoming Badger Briefs.



American Association of University Women

La Crosse Branch

P.O. BOX 2112 • LA CROSSE, WI 54602-2112



**THE CURRENT** *a publication of the La Crosse, WI AAUW Branch*

### AAUW’s Mission

*AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.*

*For 130 years, AAUW members have examined and taken positions on the fundamental issues of the day: educational, social, economic, and political. Our commitment to our mission is reflected in all aspects of our work.*

## Newsletter Contact & Deadlines

**Newsletter Editor** .....Erica Koonmen (moogs56@hotmail.com)  
**Webminder** .....*Position Open!*  
**Newsletter Design** .....Tegan Jerde-Koonmen (jerdet@gmail.com)

**Newsletter content submission deadline:**

Please send all content for *The Current* to Erica by the 20th of the month.

**Problems receiving the CURRENT? Let us know at:**

[aauwlacrosse@hotmail.com](mailto:aauwlacrosse@hotmail.com)